

# **Heart of America Health Plan**

## **Cost Plan**

### **Provider Directory**

This directory provides a list of Heart of America Health Plan's network providers.

This directory is for the Rugby and Bottineau Service Areas.

This directory is current as of the date on the bottom of this page. Some network providers may have been added or removed from our network after this directory was printed. We do not guarantee that each provider is still accepting new members. To get the most up-to-date information about Heart of America Health Plan's network providers in your area, you can visit [www.hoahp.com](http://www.hoahp.com) or call Member Service's at 701-776-5848 or 1-800-525-5661 (TTY users call 1-800-366-6888), hours are Monday through Friday 8:00 a.m. to 5:00 p.m.

This directory may be available in other formats, such as large print. Call Member Services for availability at the phone numbers above.

“A Managed Care Plan with a Medicare Cost Plan Contract”

## Section 1 – Introduction

This directory provides a list of Heart of America Health Plan’s network providers. To get detailed information about your health care coverage, please see your Evidence of Coverage.

When you become a member of Heart of America Health Plan, you must choose a primary care location, which can be Bottineau **or** Rugby. Next you can choose a plan provider at one of these locations to be your PCP. Your PCP is any physician or nurse practitioner at the St. Andrew’s Clinic (Bottineau service area); Heart of America Johnson Clinic (Rugby service area) at Rugby, or the satellite clinics in Dunseith and Maddock, or the Sandhills Community Clinic (Towner) who meets State requirements and is trained to give you basic medical care.

You will get your routine or basic care from your PCP. If you obtain routine care from an out-of-network provider, Heart of America Health Plan will not be responsible for the costs.

Your PCP will also coordinate the rest of the covered services you get as a plan member. For example, in order to see a specialist, you usually need to get your PCP’s approval first (this is called “getting a referral” to a specialist).

You will not need a referral from your PCP to see a non-plan provider. However, if you use non-plan providers for care that is not emergency care or urgently needed care, you will have to pay Original Medicare amounts for your care.

Coordinating your services includes checking or consulting with other plan providers about your care, how it is going, and ordering additional services or tests if needed. If you need certain types of covered services from a specialist, your PCP will need to write a referral for you.

When specialty care is needed, your PCP will need to get prior authorization from us, this is done by writing a referral. Approval of the referral is done by our office.

The “network providers” listed in this directory have agreed to provide you with your health care coverage. You may go to any of our network providers listed in this directory, however, some services may require a referral. If you have been going to one network provider, you are not required to continue going to that same provider. In some cases, you may get covered services from non-network providers.

In cases where providers submit a bill directly to you, you should not pay the bill, but should submit it to the Heart of America Health Plan for processing and determination of member liability, if any.

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## **If you have a medical emergency:**

- Get medical help as quickly as possible. Call 911 for help or go to the nearest emergency room. **You do not need to get permission first from your PCP (Primary Care Physician) or other plan provider.**
- Make sure that your PCP knows about your emergency, because your PCP will need to be involved in following up on your emergency care. You or someone else should call to tell your PCP about your emergency care as soon as possible, preferably within 48 hours. You or someone else should also give notification to Heart of America Health Plan within 48 hours if medically feasible by calling 701-776-5848 or 1-800-525-5661, (TTY 1-800-366-6888), M - F 8:00 am-5:00 pm.

## **Getting urgently needed care when you are in the plan's service area**

If you have a sudden illness or injury that is not a medical emergency, and you are in the plan's service area, please call your PCP at Heart of America-Johnson Clinic 776-5235, or Sandhills Community Center 537-2007, or St. Andrews Clinic 228-9400. After clinic hours, call the Heart of America Medical Center 776-5261, or St. Andrews Health Center 228-9300. Give your name and identify yourself as a Heart of America Health Plan member.

There will always be a doctor on call to help you.

## **Getting urgently needed care when you are outside the plan's service area**

Heart of America Health Plan covers urgently needed care that you get from non-plan providers when you are outside the plan's service area (but still in the United States). If you need urgent care while you are outside the plan's service area, we prefer that you call your PCP first, whenever possible. If you are treated for an urgent care condition while out of the service area, we prefer that you return to the service area to get follow-up care through your PCP.

## **What is the service area for Heart of America Health Plan?**

This directory is for the Rugby and Bottineau service area, including the following counties: All of Pierce, Benson and Rolette Counties, parts of Bottineau, McHenry, Wells and Towner Counties. The Service areas are defined below.

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The communities within the **Rugby Service Area** are as follows:

Agate	Leeds
Anamoose	Maddock
Balfour	Minnewaukan
Balta	Mylo
Bantry	New Rockford
Belcourt	Newburg
Bisbee	Oberon
Bottineau	Penn
Bremen	Perth
Cando	Rock Lake
Chaseley	Rolette
Churchs Ferry	Rolla
Drake	Rugby
Dunseith	Sheyenne
Egeland	Souris
Esmond	St. John
Fessenden	Towner
Granville	Upham
Harvey	Westhope
Hurdsfield	Willow City
Karlsruhue	Wolford
Knox	York
Kramer	

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The communities within the **Bottineau Service Area** are as follows:

Antler	Newburg
Bantry	Overly
Barton	Rolette
Belcourt	Rolla
Bottineau	Roth
Carbury	Russell
Dunseith	Souris
Eckman	St. John
Gardena	Upham
Kramer	Westhope
Landa	Willow City
Maxbass	

## **How do you find Heart of America Health Plan's providers in your area?**

Primary Care providers are located in Bottineau, Rugby, and Towner.

If you have questions about Heart of America Health Plan or require assistance in selecting a PCP, please call our Member Service Department at 701-776-5848 or 1-800-525-5661 (TTY users call 1-800-525-5661), hours of operation are Monday through Friday, 8:00 a.m. to 5:00 p.m., or visit our website at [www.hoahp.com](http://www.hoahp.com).

## Section 2 – List of Network Providers

### **Sandhills Community Health Center**

**701-537-2007**

2 3<sup>rd</sup> Avenue SW, Towner, ND 58788

### **Heart of America Johnson Clinic Locations:**

#### **Rugby**

**701-776-5235**

800 3<sup>rd</sup> Ave. SW, Rugby, ND 58368

#### **Dunseith**

**701-244-5694**

215 Main Street SE, Dunseith, ND 58329

FAX 701-244-5329

#### **Maddock**

**701-438-2555**

301 Roosevelt, Maddock, ND 58348

FAX 701-438-2551

## **Primary Care Physicians-Rugby Service Area**

### **Heart of America Johnson Clinic Primary Care Physicians:**

#### **FAMILY PRACTICE**

Lyle Best, MD

Julia Garcia, MD

Hubert Seiler, MD

Brian Selland, MD

#### **PHYSICIAN ASSISTANTS**

Phyllis Abrahamson

Carol Berg

Gail Danielson

Dustin Hager

Tammie Harder

Keri Weick

### **Rugby Heart of America Medical Center:**

800 So. Main Avenue, Rugby, ND 58368

FAX 701-776-5448

Website: <http://hamc.com>

TDD 701-776-5043

#### **SURGERY**

Wallace Kurihara, MD

#### **EMERGENCY ROOM**

Jeff Vaagen, MD

Rodney Sigvaldson, PA-C

## **Primary Care Physicians-Bottineau Service Area**

**St. Andrews Clinic/St. Andrews Medical Center**

701-228-9400

316 Ohmer Street, Bottineau, ND 58318

K.W. Kihle, MD

Brenda Koch, ANP

Amit Kulkarni, MD

Matthew Bezzant, PA-C

Jessica Skjolden, MD

## Specialists

### Trinity Medical Group Referral Physicians:

701-857-5000 or 1-800-862-0005, (TTY ext. 9711)

Website: [www.trinityhealth.org](http://www.trinityhealth.org)

A referral is required from your primary care physician (PCP) for covered services to the below specialists.

#### Allergy/Immunology

Reder, Michael MD

#### Anesthesiology/Pain Center

Colon, Manuel MD

Harvey, William MD

He, Chaoying MD

Kinyungu, Erick MD

LaGrone, Robert MD

Lewis, Aaron MD

Lin, Stephen MD

Shidyak, Gus MD

Tin-Maung, Brian MD

#### Audiology

Klein, Sheila AuD

Maxson, Jerrica AuD

#### Cancer Care Center

Collins, Kevin MD

Makoni, Stephen Hem/Onc

Watanaboonyakhet, Pat DO

#### Cardiology

Bircher, Heidi FNP

Chikwendu, Valentine MD

Dodin, Emad MD

Percell, Robert MD

Turk, Samir MD

Wright, Sharon ANP

#### Cardiovascular/

#### Thoracic Surgery

Phillips, Christopher MD

Rothberg, Martin MD

#### Convenient Care

Eberle, Sally FNP-C

Smothers, Joe MD

#### Dermatology

Grubb, Byron MD

Hunter, Jennifer MD

Welch, Ann FNP-C

#### Ear, Nose and Throat

Gasser, Charles MD

Noel, Mark DO

#### Emergency Medicine

Franks, Kevin MD

Gokey, Susan MD

Herington, Aaron MD

Hjelmstad, Jackie PA

Hoff, Ann MD

Jethwa, Ratilal MD

Knutson, Scott MD

Leier, Kristy NP

Nelson, John MD

Olson, Paul MD

Sather, Jeffrey MD

Walters, Justin MD

Wilson, April NP

#### Gastroenterology

Justino, Edmundo MD

Naum, Scott DO

Swenson, Bruce MD

#### General Surgery

Jun, Hong MD

Kiessler, Jay MD

Lee, Lane DO

Shiple, Frank MD

Siyanbade, Oyetunde MD

**Hand Surgery**

Williams, Daniel MD

**Hematology/Oncology**

Makoni, Stephen MD

Watanaboonyakhet, Pat  
DO

**Infectious Diseases**

Nwaigwe, Casmiar MD

**Mental Health Services:**

Amsbaugh, Nicole PA-C

Anderson, Mary LAC-  
LSW

Anderson, Thora PsyD

Anderson, Tonya FNP-C

Andreas, Kiley CNS

Dallolio, Michael MD

Dickman, Sheryl FNP-C

Dragicevic, Todor MD

Duchscherer, Dana LAC

Evans, Booker MD

Frueh, Jean MA, LPCC

Geizler, Sandy LPCC

Gertz, Linda LPCC

Greiner, Teresa MD

Guilbert, Shana PsyD

Hayes, Robert LAC

**Mental Health (Cont'd)**

Hulberg, Maggie  
LAC/LSW

Johnson, Leah LICSW

Larsen, Liz LICSW

Lester, Meredythe LAC

Martinsen, Wayne MD

McAllister, Della PhD

Meunier, Ronny MD

Pretzer, Robin LSW

Richards, Diedre MD

Roerick, Denise LICSW

Shield, Laura MD

Staton, Dennis MD

Townsend, Deborah CNS

Twogood, Amber LAC

Uleberg, Tammy FNP-C

VanLith, Clinton PsyD

Wanner, Denise LCSW

**Neonatology**

Carver, Thomas DO

Zak, Linda MD

**Nephrology**

Saffarian, Nasser MD

**Neurology**

Kellenberger, Eddie MD

Kiok, Maximo MD

Kordlar, Bahram MD

Lee, Kon Hweii MD

**Neurosurgery**

Eicher, Marc MD

Giffey, Allison NP

Haaland, Wendy FNP

Stillerman, Charles MD

**Occupational Medicine**

Reeve, Howard MD

**Ophthalmology**

Jacobs, David MD

Kindy, Evelyn MD

Sanke, Robert MD

Williams, Darrell MD

Wolsky, Chad MD

**Oral & Maxillofacial  
Surgery**

McMahon, Michael DDS

Ulloa, Juan DDS

**Orthopedic**

Benaissa, Rafik MD

Joshi, Ravindra MD

Kindy, Alexandre MD

MacLeod, Paul MD

Mattern, Dawn MD

Scott, E. Dexter MD

Striha, Desiree FNP

Uthus, David MD

Verhasselt, Donna PA-C

**Pain Center**

Colon, Manuel MD  
Forsberg, Jerane PA-C

**Pathology**

Alakech, Badie MD  
Jansen, Wayne MD  
Repp, G. Mark MD  
Sigauke, Ellen MD

**Physical Medicine &  
Rehab**

Gillman, John MD  
Young, Marcel MD

**Plastic Surgery**

Pitcher, Jeffrey MD

**Podiatry**

Hjelmstad, Tracy DPM  
Lenertz, Michael DPM  
Williams, Tyson DPM

**Pulmonology**

Bender, Heidi NP  
Verhey, Jeffrey MD

**Radiation Oncology**

Collins, Kevin MD

**Radiology**

Call, James MD  
Haddon, Margaret MD  
Hanjani, Farzodd MD  
Kamba, Thompson MD  
Keller, Kenneth MD  
Lewis, Scott MD  
Serebrennik, Mikhail MD  
Sheperd, Jaime MD  
Whitman, Mark MD

**Rheumatology**

Diri, Erdal MD

**Urology**

Hedgepeth, Ryan MD  
Yeung, CK MD

**Vascular Surgery**

Kiessling, Jay MD  
Lee, Lane DO  
Shiple, Frank MD  
Siyanbade, Oyetunde MD

## Hospitals

### **Heart of America Medical Center**

800 So. Main Avenue, Rugby, ND 58368

Website: <http://hamc.com>

701-776-5261

FAX 701-776-5448

TDD 701-776-5043

### **St. Andrews Medical Center**

316 Ohmer Street, Bottineau, ND 58318

701-228-9400

### **Trinity Hospital**

1 Burdick Expressway W, Minot, ND 58701

Website: [www.trinityhealth.org](http://www.trinityhealth.org)

701-857-5000

800-862-0005

TTY ext. 9711

